

MOTHER HELPAGE UK
www.motherhelpage.org

NEWSLETTER 2014



MESSAGE FROM **THE FOUNDER**

My heart bleeds as I address you through this newsletter. The September floods caused widespread devastation across Kashmir. The courage and valour shown by the youth of Kashmir during relief and rescue operations was unparalleled, and Mother Helpage salutes them.

We tried our best to reach the distressed people irrespective of caste, creed and religion. We are humbled by the love showered from the flood victims in response to whatever little we did during those difficult times.

I congratulate my men for reaching to a Hindu priest at Lal Chowk in the heart of Srinagar. This serves as a reminder that humanity is our top priority at Mother Helpage. When the priest performed Puja (prayers) for MH and its workers, we thanked Allah the almighty for making us follow the Sunnah of the Holy Prophet (SAW).

There is a lot more that must be done to rebuild Kashmir. Homes have to be rebuilt and the shattered education system needs to be brought back on the rails. Access to health care has become paramount and the choked environment is gasping for breath. I take this opportunity to assure you that MH will stay there with you, for you.

Together we will make a difference.



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OUR VISION & **OUR MISSION**

Our Vision

We envision a global stability and a social equality.

Our Mission

To reach out to all the vulnerable groups by providing a set of sustainable solutions through policy and proper implementation.

We are known for interventions in emergency rescue and relief, community development, education, medical support, safer environment, social networking, women and childcare and advocacy.

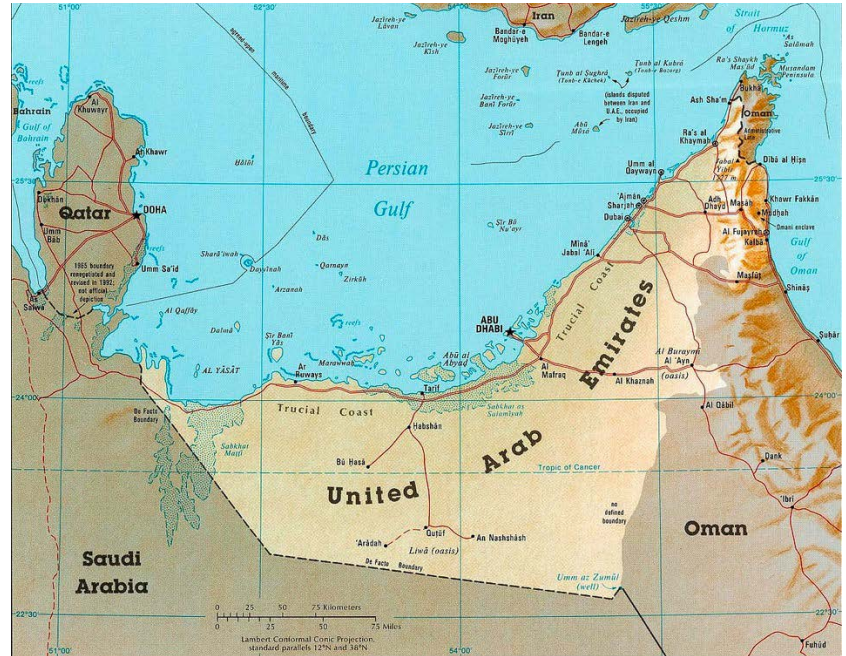


Charitable objectives:

1. To carry out rescue missions for any type of emergency or disaster with its skilled professionals in any part of the world.
2. To advance the education of persons residing permanently or temporarily in developing countries.
3. To relieve sickness and preserve good health among people residing permanently or temporarily in developing countries in particular.
4. To relieve financial hardship of people residing permanently or temporarily in developing countries
5. To relieve financial suffering among victims of natural or other kinds of disaster in the form of money (or other means deemed suitable) for persons, bodies, organisations and/or countries affected including the provision of medical aid.

MOTHER HELPAGE'S PRESENCE IN THE UAE

- Mother Helpage to start its fundraising and operational campaign from the UAE.
- Getting registered in IHC Dubai mainly as a fundraising office and an operational hub for other Middle Eastern countries, Asia and Africa.
- Mother Helpage has its humanitarian partners in:
 - Qatar (Qatar charity, Qatar Red Crescent, RAF etc.)
 - KSA (Al Waleed Bin Talaal Foundation)
- Mother Helpage to promote women empowerment entrepreneurship, disaster preparedness, tourism and advocacy from the UAE hub.



GAZA EMERGENCY IN 2014

Residents of the Gaza Strip suffered intense Israeli bombardment and Palestinian rocket fire during the summer of 2014. During the 50 days of conflict, the level of devastation and displacement was unprecedented and the humanitarian impact of these attacks increased vulnerability and instability in Gaza.

Over 500,000 Palestinians were displaced during the height of hostilities. Approximately 18,000 housing units were destroyed leaving 108,000 Palestinians homeless. A total of 2,276 people were killed of whom approximately 800 were women and children.



WHAT MOTHER HELPAGE DID

Mother Helpage is working with partners on humanitarian and development work helping thousands in Gaza affected by the current crisis.

Mother Helpage has so far provided food items, clothes, medicine and portable water to thousands of needy in Gaza. We are still working to increase our humanitarian efforts in order to support more who are in need.

Our plans...

Mother Helpage intends to start livelihood projects in Gaza in order to enable people to be self-sustained and build a stable economy.

Mother Helpage also plans to start supporting hospitals, provide portable water to those who do not have any access, and to establish food distribution centers this year.

Mother Helpage has so far provided food items, clothes, medicine and portable water to thousands of needy in Gaza.



Youths in Gaza helping to distribute humanitarian aid to civilians which was supplied with the help of Mother Helpage and IHH.

2014 KASHMIR FLOODS

In September 2014, the Jammu and Kashmir state received very heavy rainfall during the final stages of monsoon in India. Water levels were so high that hundreds of villages became completely submerged, and over 1,000 were partially affected throughout the region.

More than 500 people were killed during the floods, 2,550 villages affected and almost a million people have become displaced.

The Indian Armed Forces, the Pakistani Army and Pakistani Air Force carried out rescue operations, but government aid seemed to be uncoordinated causing wide spread chaos and no emergency health camps were set up making people vulnerable to the outbreak of diseases.



WHAT MOTHER HELPAGE DID

Mother Helpage installed more than 150 temporary sanitation units, hence preventing a potential epidemic post disaster.

FLOOD CRISIS: 10 DISTRICTS HIT, LAKHS AFFECTED



The day after disaster struck the region, Mother Helpage started a rescue mission with the use of wooden boats and tractors and re-opened blocked roads using heavy-duty JCB dozers. Mother Helpage coordinated the delivery of emergency food and non-food supplies in conjunction with other international humanitarian organisations.

During and after the flood disaster in Kashmir, Mother Helpage provided portable safe water to thousands of displaced people as well as installing more than 150 temporary sanitation units, hence preventing a potential epidemic post disaster.

MOTHER HELPAGE RESCUE: BOAT RESCUE, TRACTORS & ROAD CLEARANCE

More than ten thousand beneficiaries reached.

MH started its rescue operation from day two of when the disaster struck. MH Volunteers evacuated 800 families from Bemina Srinagar, Pulwama and Shopian areas in the wooden boats as there was no provision of motorboats in the state.

MH ground staff rescued more than 300 families from Shopian district by tractor taking them to safety and engaged heavy duty JCB dozers to reopen the blocked roads enabling people to be taken to safer places in the areas of Pulwama and district Islamabad / Anantnag.

This was just one of the hands-on specialised operations that MH ground staff conducted mobilising thousands of stranded people to be transferred to safer places quickly.

Mother Helpage intends to strengthen the disaster preparedness department in the state of Jammu and Kashmir after seeing the handicap of the local government during the recent devastating floods.



“...World renowned disaster response expert, Dr. (Capt.) Sohail Nasti has offered to train of JK police department to tackle the recurring natural disasters and catastrophes...”

Rising Kashmir April 7th 2015

APR 14, 2015 | 23 JUMADAL AKHIRA 1436 AH

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MHW offers to train JKP on disaster preparedness

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Rising Kashmir News

London: World renowned disaster response expert, Dr (Capt) Sohail Nasti has offered to train of JK police department to tackle the recurring natural disasters and catastrophes

In a statement issued, Nasti, who specializes in disaster medicine and is known for his work during various disasters including Tsunami, Bam, Japan, Haiti, Pakistan floods and Syria, said that government needs to equip police force with training and machinery to face the catastrophes in Jammu and Kashmir.

As per the statement, he has offered his services to the state government in developing the state police as a disaster preparedness group for which he was ready to provide training and equipment. "All the global disasters are successfully dealt by the military or the police,"he said adding the he was ready to training the JKP.

Notably, Nasti has his roots in Kashmir and presently heads Mother Helpage World Wide (MHW) which works in twenty countries across the globe including India.

He is at present working as the operations director for narcotics control bureau in England.



Heavy duty JCB dozers re-directing water flow immediately after heavy rainfall in Kashmir.

[READ THE FULL ARTICLE HERE](#)

EMERGENCY RELIEF

30,000 displaced civilians were provided with food and basic supplies in : Srinagar, Baramulla, Islamabad / Anantnag , Shopian, Pulwama and Kulgam.

Tons of blankets, baby food, family food packs, portable water, tents, bedding and mobile toilets were delivered by MH with the support of a few international humanitarian organisations like Qatar Red Crescent, Qatar Charity, IHH Turkey, Muslim Hands UK and WEFA Germany.

The international media in a few countries hailed MH efforts.



DURING EMERGENCY: **WATER & SANITATION**

Along with food and shelter, safe water and sanitation are of the highest priority of interventions in emergency situations. Unless adequate water and sanitation services are quickly provided to emergency-affected areas, children and their families quickly become at risk of disease and death.

This is true in all types of emergencies, from rapid onset natural disasters to long-term crises caused by a range of complex factors. Therefore unless good hygiene is consistently practiced by affected people, the danger of diarrhoea, cholera and other disease outbreaks will persist.

To avoid further endangering communities, Mother Helpage installed more than 150 deep-water wells in the areas for which there was no provision of safe water post floods.

In addition, more than 150 temporary sanitation units were provided to the victims of the flood disaster, hence adhering to the WHO charter and its guidelines on how to prevent post disaster epidemics.

To avoid further endangering communities, Mother Helpage installed more than 150 deep-water wells in the areas for which there was no provision of safe water post floods.



Women & children collecting safe water from deep water wells installed by Mother Helpage in Kashmir



BASIC HEALTHCARE **DURING DISASTERS**

Mother Helpage played a vital role in maintaining the primary to tertiary care in the state of Jammu and Kashmir post floods.

From immunisation, cleaning and fumigation of the hospitals to setting up emergency wards and operation theaters. MH

provided essential emergency hospital equipment to a few primary care and teaching hospitals in the area, and was one of the major contributors to support the broken infrastructure of the state's Medicare system, which has proved Mother Helpage's strength when dealing with major disasters.

Mother Helpage supported the following hospitals within the state:

1. SMHS Hospital Srinagar: Cleaning and Fumigation
2. SKIMS Hospital Srinagar : Fumigation, provided equipment to start three emergency wards during the flood disaster.
3. Provided medicine to district hospital Anantnag / Islamabad
4. Medical camps supported more than 5000 patients.



The opening of a medical camp in Kashmir as part of the Epidemic Control Programme.

MH provided essential emergency hospital equipment, and was one of the major contributors to support the broken infrastructure of the state's medicare system

SRINAGAR, MONDAY, 16 MUHARRAM 1436 AH : 10 NOVEMBER 2014 CE

GREATER KASHMIR سَرِنَاغَر

SRINAGAR

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(GK) FIR AGAINST GEELANI, MASARAT FOR HOISTING PAK FLAG (GK) 6 KILLED, 13 INJURED IN SEPARATE ROAD ACCIDENTS IN JAMMU

MHW donates medical equipment to SKIMS Bemina

GK NEWS NETWORK

Srinagar, Nov 9: Mother Helpage Worldwide (MHW) has donated medical equipment to SKIMS Medical College Bemina.

The NGO run by Capt (Dr) Muhammad Sohail Nasti gave away the equipment through Chief Functionary of MHW's Kashmir Chapter and Dr Sohail's father, Gul Muhammad Nasti. "Being the alumni of JVC he(Sohail) found the facility fit for the donation," Gul Muhammad said.

The equipment donated includes 46 beds, 46 bed covers, 100 pillows and pillowcovers, 11 bed covers, 46 drip stands, 20 doctors table, 40 chairs and 10 blood pressure apparatus," the hosts said.

The hospital Medical Superintendent while receiving the donation thanked the NGO endeavor.

"Mother Helpage is a registered charity in England and Wales Mother Helpage Worldwide is at present working in more than 10 countries," a host said.

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Lastupdate on : Sun, 9 Nov 2014 21:48:00 Malakh time
Lastupdate on : Sun, 9 Nov 2014 18:30:00 GMT
Lastupdate on : Mon, 10 Nov 2014 00:00:00 IST

More from Srinagar City

- No respite from traffic jams as admin looks the other way
- Sold kadal: most donors in Jhelum
- GMC students cry premature exams
- MHW donates medical equipment to SKIMS Bemina
- Tamir Naidu group donates Rs50 lacs for flood victims

Kashmir

Saviours in Flood-2014 felicitated
"Risked their lives to save that of others"

Srinagar, Nov 9: At least one hundred local youth were felicitated with "Tasi Hero Award" in a mega event organized by renowned social organization, Sakharat Centre J&K on Sunday. The youth who [Moz](#)

OK SCRIBE AWARDED
Hamas—the woman who led volunteers to save trapped people

Identify pro-India separatists, Cleared to Jhelum

Empowerment of people our top priority, Lone

NG, PDP make false promises, exploit people: G.H.Mir

Srinagar City

No respite from traffic jams as admin looks the other way

Commuters say perennial vending, uncontrolled movement of public transport main causes of chaos on City roads

GK CITY CORRESPONDENT

Srinagar, Nov 9: Past floods,

[READ THE FULL ARTICLE HERE](#)

TEMPORARY HOUSING

Mother Helpage provided almost more than 500 temporary shelters to the flood victims in Jammu and Kashmir in order to comply with the WHO and MDG guidelines.

Mother Helpage is looking forward to start the construction of permanent houses to some identified and deserving flood victims in the valley of Jammu and Kashmir.



"Knowing how different levels of disaster home damage can affect people, I think it allows us to better identify those who may need more assistance in the future." Alexis Merdjanoff.



CEO'S CHILDREN RAISE MONEY FOR HOSPITALS IN KASHMIR

Having their roots from Kashmir, Muhammad Nasti (aged 7) and Hidaayah Nasti (aged 6) were inspired by their father's humanitarian heroics and decided to donate all their money which they had been saving in their money banks at home. They decided to give all they had towards the humanitarian work taking place in the aftermath of the Kashmir floods.

Muhammad and Hidaayah's generosity inspired other relatives and friends to donate their money for the cause and these two little angels managed to raise more than £8,000 which made SKIMS hospital, one of the biggest hospitals in the valley, fully operational.

Using Muhammad and Hidaayah's donations the hospital was able to open three wards and an emergency unit immediately after the floods, which provided medical care to thousands affected by this life threatening disaster.

The medical aid donated included 46 beds, 46 bed covers, 100 pillows and pillow covers, 11 bed covers, 46 drip stands, 20 doctors table, 40 chairs and 10 blood pressure apparatus.



“This is a humble donation from our side to the institute of which my son is an alumni.”

Gul Mohammad

**Muhammad (aged 7) and
Hidaayah (aged 6) with
their father Dr. Sohail Nasti
(CEO of Mother Helpage)**

EDUCATION IN DISASTER AREAS

By giving hope for the future and providing order, structure and a sense of normalcy, education can help to mitigate the psychosocial effects of conflict, disaster and displacement.

Structured play activities and schooling have been shown to ease the shock and trauma of children and youth who have witnessed or participated in horrific acts of violence, or who have lived through the destruction of natural disasters and the loss of loved ones and homes.

Quality education is a fundamental human right, as laid down by International Law. These laws do not distinguish between conflict or disaster-affected populations and those not affected. Additionally, international humanitarian law stipulates that education must be provided to populations affected by war (the Geneva Convention relating to the Status of Refugees).

Mother Helpage conforms to those guidelines and recognises the importance of education during any crisis as stated above.



Therefore MH set up a few temporary schools in the flood hit Kashmir state to support already traumatised youths giving them access to counseling for after flood trauma and avoiding the decline into anti-social behaviour which can be a symptom of after flood PTSD.

POST FLOOD: **YOUTH DEVELOPMENT**

There are now a few centers set up for men and women within the area where hundreds are undertaking training for skills and personal development.

In the aftermath of any disaster, the community's stability depends upon the redevelopment procedures and policies of the young & working class. Therefore the key factor for any community to thrive and succeed is to support youths within the community.

Mother Helpage followed this model in Kashmir post floods and introduced the redevelopment procedures through small skills development projects.

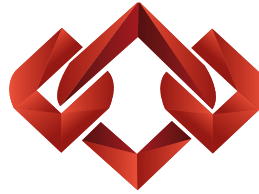
Two groups of 100 young people aged 14-25 from both genders were selected and were provided with a training course for skills and personal development.

At the end of the 2 month training course, those young people were given a better understanding of their individual role within the process of community development along with practical skills and training.



A group of youths at a youth development center.

They were given the tools on which to form the basics in building community development and started small sub groups to council other community members which in turn started the building blocks upon which to make communities more resilient.



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OUR HUMANITARIAN PARTNERS

